



2026-2027 KINESIOLOGY: PHYSICAL EDUCATION GUIDELINES

Students are required to complete 120 total semester hours for the Physical Education degree. Additionally, students pursuing a Physical Education degree will be responsible to ensure that they complete 48 upper division credits.

Kinesiology students must maintain a minimum 2.75 GPA in order to enroll in most upper division SPMD courses. General Education courses, Physical Education courses, and Approved Electives must be completed with a grade of C- or better.

Students must complete all University degree requirements, which include: General Education, Viewing a Wider World, and program specific courses to total a minimum of 120 credits with 48 credits in upper division courses. Developmental coursework will not count towards the degree requirements and/or elective credits, but may be needed in order to take the necessary English and Math courses.

With a concentration in Physical Education and by successfully meeting state requirements, students will be eligible to teach in the public school system (e.g., Elementary, Middle and High School settings).

Information about Kinesiology and potential career opportunities may be obtained at the Department of Kinesiology.

Catalog: <https://catalogs.nmsu.edu/nmsu/health-education-social-tranformation/kinesiology/kinesiology-physical-education-bs-kinesiology/>

Department of Kinesiology
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 575-646-2215
 Activity Center, Room 204

NMSU Academic Advising
Advising@nmsu.edu
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4-YEAR ROADMAP

Year 1		32 Credits
ENGL 1110G	Composition I*	4
MATH 1220G	College Algebra*	3
CEPY 1120G	Human Growth and Behavior**	3
HIST 1130G	World History I*-Area V	3
SPMD 1350	Social Foundations of Physical Activity	3
COMM 1115G	Introduction to Communication	3
EDUC 1995	Field Experience I (Spring)	1
MATH 1130G	Survey of Mathematics	3
SPMD 2250	Fitness for Health and Sport	3
MUSC 1110G	Music Appreciation: Jazz*- Area VI	3
JOUR 105G	Media and Society*- Area IV	3
Year 2		31 Credits
CEPY 2110	Learning in the Classroom	3
ENGL 2221G	Writing in Humanities and Social Science	3
SPED 3105	Introduction to Special Ed In a Diverse Society	3
BIOL 2110G/L	Principles of Biology: Biodiversity, Ecology, and Evolution*	4
PSYC 1110G	Introduction to Psychology- Area IV*	3
SPMD 3110	Racquet Sports (Spring)	2
PHIL 1115G	Introduction to Philosophy*- Area V	3
EDLT 3110	Integrating Technology with Teaching	3
EDUC 3120	Multicultural Education	3
SPMD 2110	Anatomy & Physiology I & Lab	4
Year 3		30 Credits
APPLY TO TEACHER'S EDUCATION PROGRAM (TEP)		
SPMD 3150	Theory and Technique of Dance and Rhythms (Fall)	2
SPMD 3120	Theory and Technique of Life Long Outdoor Leisure Activ. (Fall)	2
SPMD 3130	Theory and Technique os Sports and Games (Fall)	2
SPMD 3310	Lifetime Activities	2
BIOL 2110 G/L	Principles of Biology: Cellular and Molecular & Lab*	4
SPMD 3710	Motor Learning	3
READ 4330	Content Area Literacy (Spring)	3
SPMD 3140	Designing Student Centered Afterschool PA Clubs (Spring)	3
SPMD 3160	Elementary School Physical Education	3
SPMD 3650	Motor Development	3
SPMD 4520	Adaptive Physial Education (Spring)	3
Year 4		30 Credits
SUBMIT STEP PACKET		
SPMD 3250	Introduction to Exercise Science (Fall)	3
SPMD 4530	Methods of Teaching Secondary Physical Education (Fall)	6
EPWS 325V	Insects, Humans, and the Enviornment VWW*	3
ANTH 357V	Medical Anthropology VWW*	3
DANC 1110G	Dance Appreciation*	3
EDUC 4820	Secondary Student Teaching	9
EDU 4821	Middle and High School Student Teaching Seminar	3

*Please see catalog for general education requirements

* indicate approved electives

** indicate **REQUIRED** prerequisite for courses

Courses listed are **suggestions**